FAMILY-WORK BALANCE:

A TRICKY BALANCING ACT?



parents with children aged 0 - 5 expressed their opinions about parenting as part of the Perspectives parents initiative



Of those parents in paid employment,



56%

HAVE ACCESS TO FLEXIBLE WORKING HOURS

54%

ARE ENTITLED TO PAID LEAVES FOR FAMILY REASONS

27%

CAN OBTAIN A REORGANIZATION
OR REDUCTION OF WORKING HOURS

20%

HAVE THE OPTION TO WORK FROM HOME

BEAR IN MIND, however, that 22%

of parents report being unable to access any of these measures. When there are no available measures to help balance work and family life, large numbers of parents report:

- EXPERIENCING A LOW SENSE OF PARENTAL EFFICACY
- EXPERIENCING A LOW SENSE OF PARENTAL SATISFACTION
- EXPERIENCING PARENTING STRESS
- FEELING THAT THEY ARE IN POORER HEALTH

EMPLOYERS THAT ARE SUPPORTIVE OF PARENTS ALSO
CONTRIBUTE TO THE DEVELOPMENT OF OUR YOUNG CHILDREN



