## **PARENTING PARTNERSHIP:**

## A WINNING RELATIONSHIP



Québec parents with children aged o – 5 expressed their opinions about parenting as part of the Perspectives parents initiative.

85%

of parents often or always agree with each other on how to deal with their children.



81%

of parents can rely on their spouse when they can no longer cope.

**However** 

IE PARENTS ARE SEPARATED

34%

OF PARENTS CAN NEVER RELY ON THE OTHER PARENT OR HIS/HER FAMILY.



OF PARENTS REPORT OFTEN OR ALWAYS
GETTING ENCOURAGEMENT AND REASSURANCE
FROM THEIR SPOUSE CONCERNING THEIR
PARENTING ROLE.

**NEVERTHELESS, THERE ARE CERTAIN DIFFERENCES BETWEEN MEN AND WOMEN. FOR EXAMPLE,** 

- a large majority of men state that they are satisfied with the sharing of household tasks
- whereas a quarter of women are not very or not at all satisfied with the sharing of tasks

Parents that are supportive of each other:

- report higher satisfaction and efficacy levels
- experience less stress
- are under less self-imposed pressure

PARENTS THAT ARE SUPPORTIVE OF EACH OTHER CONTRIBUTE TO THE DEVELOPMENT OF OUR YOUNG CHILDREN

